

# Medical certificate of capacity - progress

**Recommended for a maximum 28 days duration**

- Medical practitioner to retain a copy
- This certificate to be given to worker

**Note:** maximum referral period for rehabilitation treatment prior to review is initially 14 days, and then 28 days subsequent referrals to the same discipline.

Worker details										
Surname:										
Given names:										
Date of birth:		/ /		Date of injury or disease:						
Gender:		Male <input type="checkbox"/>		Female <input type="checkbox"/>		Gender diverse <input type="checkbox"/>				
Address:										
Suburb:					State:				Postcode:	
Home number:					Work number:					
Mobile number:					Email address:					
Employer details										
Employer name:										
Address:										
Suburb:					State:				Postcode:	
Medical assessment										
Date of examination:		/ /		Time of examination:		AM <input type="checkbox"/>		PM <input type="checkbox"/>		
Clinical findings / diagnosis at this examination:										
Fitness for work (tick only those boxes which apply)										
In my opinion that as from the date of this statement, the worker is:										
Fit to return to <i>pre-injury duties, no further treatment</i> required.									<input type="checkbox"/>	
Fit to return to <i>pre-injury duties, but requires further treatment</i>									<input type="checkbox"/>	
Fit to return to work for restricted hours / days from:									<input type="checkbox"/>	
/ /		to / /		(inclusive)		hours per day		hours per week		
Fit to return to work <b>on restricted duties</b> from:				/ /		to / /		(inclusive)		
Restricted duties:	Avoid prolonged standing / walking / sitting								<input type="checkbox"/>	
	Avoid squatting / kneeling / ladders / steps								<input type="checkbox"/>	
	No lifting anything heavier than:		5kg <input type="checkbox"/>		10kg <input type="checkbox"/>		15kg <input type="checkbox"/>		20 kg <input type="checkbox"/>	
	Avoid repetitive use of affected body part								<input type="checkbox"/>	
	Avoid repetitive bending / lifting								<input type="checkbox"/>	
	Other (please specify)								<input type="checkbox"/>	
Totally unfit for work from:				/ /		to / /		(inclusive)		
I will review the worker (date of next appointment):				/ /						

<b>Injury management</b> (tick only those boxes which apply)										
<b>Medical practitioner / employer contact</b>										
I have made contact with the employer and discussed alternative work options									<input type="checkbox"/>	
The worker will require more than three days off work, consequently I will be happy to discuss this further with the employer / insurer.									<input type="checkbox"/>	
Preferred contact days and time:	Monday	<input type="checkbox"/>	Tuesday	<input type="checkbox"/>	Wednesday	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	<input type="checkbox"/>
	Saturday	<input type="checkbox"/>	Sunday	<input type="checkbox"/>	Times:		AM	OR	PM	
<b>Medical management plan</b>										
Treatment (specify):									<input type="checkbox"/>	
Medication (specify):									<input type="checkbox"/>	
Referred to specialist: (specialty/name):									<input type="checkbox"/>	
Date of appointment:	/	/		Time of appointment:		AM	<input type="checkbox"/>	PM	<input type="checkbox"/>	
Referred to hospital (specify):									<input type="checkbox"/>	
Referred to Allied Health Professional(s):										
Physiotherapist name:						Number of sessions recommended				
Chiropractor name:						Number of sessions recommended				
Other (specify):										
<b>Vocational rehabilitation - options must be discussed with the worker</b>										
Likely to be necessary, subject to review in					weeks					<input type="checkbox"/>
I would like the employer / insurer to organise a referral and discuss with me.									<input type="checkbox"/>	
Preferred contact days and time:	Monday	<input type="checkbox"/>	Tuesday	<input type="checkbox"/>	Wednesday	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	<input type="checkbox"/>
	Saturday	<input type="checkbox"/>	Sunday	<input type="checkbox"/>	Times:		AM	OR	PM	
Vocational rehabilitation referral:	May be necessary				<input type="checkbox"/>	May not be necessary				<input type="checkbox"/>
<b>Medical practitioner details</b>										
Name:						Registration number:				
Address:						Suburb:				
State:				Postcode:			Work number:			
Fax number:					Email address:					
Signature:						Date:	/	/	/	